

SeiKuKan North Brisbane Karate Dojo

Learn traditional self
defence and develop self-
confidence in a fun and
supportive environment



Saint Lukes Church Hall – 64 Spence Road, Wavell Heights, QLD 4012
Mobile: 0406 619 294 / Email: jonrawlings@seikukan.com / www.elitekaratecoach.com



Come along to any of our sessions
and find out more about our junior
and senior programs.

Instructor

Jon Rawlings
5th Dan SeiKuKan
5th Dan Australian Karate Federation

Location Saint Lukes Church Hall
64 Spence Road, Wavell
Heights, QLD 4012

Training Times Junior
Wed - Fri , 4:30pm – 5:15pm

Intermediate
Wed - Fri , 5:30pm – 6:30pm

Senior (16+ years)
Wed - Fri , 6:45pm – 8:00pm

Junior / Intermediate / Senior
Saturday, 9:00am – 11:30am

Contact Jon Rawlings
Mobile 0406 619294
Email jonrawlings@seikukan.com
Web www.elitekaratecoach.com

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SeiKuKan Karate

SeiKuKan Karate is a traditional Japanese school of karate based on the Shotokan style and was formed by Sensei **Tainen Takemori**, the father of the present Head Instructor, Sensei **Miki Takemori**. Sensei **Tainen Takemori** trained with **Gichin Funaskoshi** who is widely regarded as the founder of modern Japanese karate, and who founded Shotokan.

North Brisbane Karate Dojo

SeiKuKan Karate Dojo's are affiliated with the State Body (QKA), who are affiliated with the National Body (AKF). The AKF is the official Karate Federation of the Australian government. The AKF is a member of the Oceania Karate Federation, which in turn is a member of the World Karate Federation.

Jon Rawlings, the SKK North Brisbane Karate Dojo Instructor, is an executive member of the QKA and a member of the AKF referee council. Jon is also a Oceania Kata judge, and a world Kumite judge. This allows students of the North Brisbane Karate Dojo to learn traditional martial arts and provides the opportunity to represent their club, State or Country at official Karate competitions.

