



KenSeiKan Karate Dojo Training Schedule - 2014

Dates

Term	Term Dates		Grading Dates*
1	Monday 3rd February	Friday, 4th April	Friday, 4th April
2	Tuesday 22nd April	Friday, 27th June	Friday, 27th June
3	Monday 14th July	Friday, 19th September	Friday 19th September
4	Tuesday, 7th October	Friday, 19th December	Friday, 19th December

* Gradings commence 5:30pm

Training Times

Basics Training	Mondays
Junior	4:30pm–5:30pm
Cadets	5:45pm–7:00pm
Senior	5:45pm–7:00pm
Kata Training	Tuesdays
Junior	4:30pm–5:30pm
Cadets	5:45pm - 6:45pm
Kata Training	Wednesday
Senior	5:00pm–6:30pm
Kumite Training	Thursdays
Junior	4:30pm–5:30pm
Cadets	5:45pm - 6:45pm
Senior	5:45pm - 6:45pm
Competition Training	Fridays
Sports karate students only	5:00pm–6:30pm
Basic / Kata / Kumite	Saturdays
Junior	9:00am–10:00am
Intermediate / Cadet / Senior	10:15am–11:15am

Note : Friday and Saturday training by notice

Note : Private Lessons – Sat (pm) – by arrangement